



Fitness that fits the whole family

From pool days and gym sessions to weekend adventures, Fitness Passport makes it easy for families across Australia and New Zealand to stay active their way. Here's what our members are saying:

"Since joining fitness passport my husband has lost almost 20kg and improved his general health and wellbeing. I find the ability to exercise regularly helps with the stress from work and improves my mental wellbeing. Our 2 teenage sons are also exercising regularly, and this has been particularly beneficial as they are both very sporty in and out of school!"

- **Teresa,**
Gold Coast Health, QLD

"Fitness Passport has been a total game-changer for me and my family. Access to so many gyms and pools across the country—all at a fraction of the cost. It's flexible, affordable, and makes staying active ridiculously easy. Love it!"

- **Lindsay,**
Edith Cowan University, WA

"Encouraged my daughter to join. We now go swimming together at least twice a week."

- **Mandy,**
South Eastern Sydney
Local Health District, NSW

Bring your family along for the fun! Visit our info page at [fitnesspassport.com.au](#) to see how your family can get started with Fitness Passport today.

